

## Distracted Driving Is a Common Cause of Accidents.

Driver distraction is cited as one of the most common contributors to traffic accidents. Here are some tips to help avoid driving distractions.



If your state/company allows cell phone use, make sure conditions are safe before using the phone and keep conversations brief.

Never text while driving. Pull over if you must use your wireless device.

Limit interaction with passengers while driving.

Don't drive when you are angry or upset.



If you are driving in an unfamiliar vehicle, take time to become familiar with the controls before getting out on the road.

Preprogram your favorite radio stations and arrange your other listening material in an accessible location before driving.

Avoid eating or drinking while operating your vehicle.



GUIDE. GUARD. GO BEYOND

## Prepared by Gallagher Bassett Services, Inc. www.gbriskcontrol.com • www.gallagherbassett.com

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